

# INTENTIONAL PARENTING

BY DOUG & CATHY FIELDS



## ACTION 1: **STRONG BELIEF**

*Intentional Parents* believe they have incredible influence on their children.

## ACTION 2: **24/7 ROLE MODEL**

*Intentional Parents* understand that children learn from observing them as their primary role models.

## ACTION 3: **ENCOURAGING WORDS**

*Intentional Parents* regularly use words that are positive and life-giving.

## ACTION 4: **GENUINE AFFECTION**

*Intentional Parents* liberally give affection.

## ACTION 5: **CONSISTENT PRESENCE**

*Intentional Parents* make sacrifices in order to be consistently present.

## ACTION 6: **PEACEFUL HOME**

*Intentional Parents* create a shelter from the storm.

## ACTION 7: **DELICATE DISCIPLINE**

*Intentional Parents* view discipline as guidance with love.

## ACTION 9: **POSITIVE MEMORIES**

*Intentional Parents* pursue opportunities to become memory makers.

## ACTION 8: **ACTIVATE RESPONSIBILITY**

*Intentional Parents* provide opportunities for their children to develop responsibility and pursue healthy independence.

## ACTION 10: **SERIOUS FUN**

*Intentional Parents* nurture laughter and fun.



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